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PRESS RELEASE

Naleia Yachting offers unique The Yoga Sailing experience this summer.

A young leisure start-up operating from Vienna, Austria offers weeklong holidays where yoga teachers and sailing instructors enrich the experience of visiting a remote coast of Croatia with sailboats.

Instead of large galleys, Naleia Yachting operates its sailings trips with sailboats offering premium quality with intimate atmosphere and allows including a hands-on sailing course with high degree of flexibility while choosing a destination to drop the anchor overnight.

'We were having this concept in the back of our heads for a year. We are very happy to announce that we started cooperation with [Paula The Yogi](#). We have tailored a special yoga itinerary where we picked the right locations and mooring places to accommodate yoga classes right at the beach or in secluded areas close to the mooring. We also have some jokers in the form of creative use of urban space if need be.' comments Dominik Sarapata, GM of Naleia Yachting

Two yoga sessions each day are planned. First class is held in the morning which is an invigorating yoga class, energizing students to face the active day of sailing. Second class, led in the late afternoon, is a restorative yoga class which aims to bring students into the mindful state of a remote place where the flotilla is anchored.

The Yoga Sailing trip starts this year from Zadar, Croatia just 5km from Zadar International Airport. The first tour is planned to commence on 20th of August and last until 27th of August allowing participants to experience a unique and yet touristically unspoiled region of Northern Dalmatia.

Besides The Yoga Sailing route, Naleia Yachting offers various sailing trips varying in character of landscape, food, amount of dolphins to spot and experiences to be made. As always the focus is put on intercultural exchange aspect of the trip, where on each sailing yacht hosting up to 9 people the crew consist of a diverse mix of at least 4 nationalities.

During upcoming summer Naleia Yachting sails in the following locations:

Destination	Dates
<u>Greece, Saronic Gulf</u>	04 th June – 11 th June
<u>Sardinia & Corsica</u>	25 th June – 02 nd July
<u>Sicily, Aeolian Islands</u>	16 th July – 23 rd July
<u>Greece, Saronic Gulf</u>	30 th July – 06 th August
<u>Croatia, Split->Dubrovnik</u>	13 th August – 20 th August
<u>Croatia, Dubrovnik->Split</u>	20 th August – 27 th August
<u>The Yoga Sailing</u>	20 th August – 27 th August
<u>Croatia, Split->Dubrovnik</u>	03 rd September – 10 th September
<u>Croatia, Dubrovnik->Split</u>	10 th September – 17 th September
<u>Greece, Cyclades Archipelago</u>	19 th October – 29 th October
<u>Thailand, Andaman Sea</u>	25 th January – 04 th February 2017

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Media Kit (photos, logo, press releases)

<http://www.naleiayachting.com/press.html>